

**ADVANCED REGISTERED NURSE PRACTITIONER
(ARNP)
PROTOCOL**

I. Requiring Authority:

- A. Nurse Practice Act, Florida Statutes; Chapter 464; Medical Practice Act Florida Statutes, Chapter 458; Florida Administrative Code, Chapter 64B9-4, Administrative Policies Pertaining to Certification of Advanced Registered Nurse Practitioners. See 64B9-4.010 Standards for Protocols

II. Parties to Protocol:

[Name], A.R.N.P.
Certificate #:

[Name], M.D.
License #:

III. Nature of Practice/Practice Sites:

- A. *General Area of Practice:* **Psychiatric/Mental Health**
- B. *Practice locations:*

IV. Management areas for which the ARNP is responsible:

- A. The conditions for which the ARNP may initiate treatment include all psychiatric/**mental health** disorders.
- B. Treatments that may be initiated by the ARNP,

depending on the patient condition and judgment of the ARNP, include individual, group and family evaluation and management of psychiatric or **mental health** services.

C. Medication Management. The ARNP may prescribe the following classes of medications

Antipsychotics

Antidepressants

Antimanic agents (mood stabilizers)

Antianxiety agents (non-controlled)

Anticholinergics

Alpha Inhibitory Agonists

Nicotinic Receptor Agonists

Nonsteroidal anti-inflammatory agents

Antiepileptic agents

Antihistamines/Antipyretics

Anti-nausea/Antiemetics

Thyroid medications for psychiatric treatment only

Anti-inflammatory/Topical Agents

Other specific medications as deemed appropriate by the ARNP and the Physician.

The ARNP may not prescribe controlled substances in accordance to Florida law.

V. Description of the Duties of the Parties:

A. **Duties of the Physician:** The physician shall provide general supervision for psychiatric diagnosis and treatment for adult and children, and provide consultation and/or accept referrals for complex **mental health** problems. The physician shall be available by telephone or by other

communication device when not physically available on the premises. The physician will be responsible for providing designated physicians to serve as backup for consultation, collaboration and/or referral purposes, if he is unavailable.

B. Duties of the ARNP: This collaborative agreement is to establish and maintain a practice model in which the ARNP will provide **mental health** care services under the general supervision of the physician. The ARNP may manage the **mental** healthcare for those patients for whom she has been educated. The ARNP may interview and diagnose clients and record **health** histories to include but not limited to psychiatric evaluations, **mental** status exams, physical and developmental assessments, order appropriate diagnostic tests, diagnose behavioral **health** problems, manage the **mental health** care of those clients for which she has been educated, provide **health** teaching and counseling, initiate referrals and maintain **health** records. Other evaluations or certifications that may be initiated are those described in the Baker and Marchman Acts under applicable Florida law.

VI. Specific conditions and Requirements for Direct Consultation:

With respect to specific conditions that require direct evaluation, collaboration and/or consultation by the physician, the following will serve as a reference guide of patients to be discussed with the Physician by the ARNP:

1. Any patient requiring involuntary hospitalization under the Baker Act criteria
2. Any patient presenting with a neurological condition, or acute change in mental status or psychiatric condition
3. Any patient threatening legal action or seeking forensic clinical assistance
4. Any patient requiring intervention not consistent with this practice **protocol**

VII. General:

This **protocol** shall be reviewed and filed with the Florida Board of Nursing upon licensure renewal. A copy shall be kept at the practice site.

VIII. All parties to this agreement share equally in the responsibility for reviewing treatment protocols as needed, but not less than annually.

[NAME], A.R.N.P. Date

License #

[NAME], M.D. Date

License #