The Advocate

Message From the President

Susan Marks, DNP, RN, ANP-C

The NPA-NYS, Region 7 Long Island (NPALI) has been enjoying a very active and productive 2016 thus far. NPALI leadership remains available to members and volunteers. Our contact info is available on the NPA website under Region 7/Long Island which will link you to the current NPALI website at https://npali.enpnetwork.com. You can find the leadership contact info in the left-hand margin under “About Us”, under “Executive Board Officers”, or “Committee Leadership” tabs.

Our NPALI membership has hit an all-time high of over 950 members. Between the NPA statewide membership drive, our creative regional drives thanks to committee chair Diane Santangelo, and the NPALI members only monthly educational dinner meetings and annual conference we have enjoyed significant increases across member designations.

Thanks to programs chair Debra Chalmers, our monthly educational dinner meetings have continued to be very popular with topics such as Essentials for Optimal Care of HIV Patients: Evidence-Based Approaches (Jan); Cardiopulmonary Anatomy Review & The Chest Radiograph (Feb); The Art & Science of Nurse Coaching: Implications for NPs (March); and, Update on Gout: What the NP Needs to Know (May). We will have a summer hiatus during July and August and resume our monthly meetings in September. Watch your emails for upcoming topics and be sure to register early as these meetings fill up quickly. Our online registration and payment system is quick and easy and has become very popular. We have gone green and eliminated paper mailings.

The NPALI Annual Practice Issues 2016: Critical Issues & Clinical Updates for NPs full day conference was held on Friday April 8th, at the Crest Hollow Country Club in Woodbury, to another sold out crowd of 400 member attendees. Forty industry sponsors who provided information and interactions with our attendees supported the conference. This was our inaugural year for NP research poster presentations. Attendees enjoyed the 15 informative poster presentations and their interactions with fellow NP researchers. The many student NP attendees had opportunities to network with practicing NPs and speak with employer recruiters.

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President’s Message Continued...

We enjoyed another year of superior NP speakers such as Margaret Fitzgerald, Wendy Wright, Maria Frazzitta, and Susan Adams on clinical topics ranging from EKG interpretation, diabetes medications and management, diagnosis and treatment of depression, advances in respiratory care, and the $4 drugs; as well as a NP legislative update, NPA-NYS regionalization update, and NPALI year in review and upcoming plans. Next years conference is already in the planning stages and will be held on Friday April 7th 2017, so mark your calendars and watch your emails in January for your registration notifications. This year we sold out in less than 6 weeks so don’t hesitate on the date...

We have 12 committees and welcome members to volunteer to participate in their NP organization. No experience is necessary, and everyone is mentored and donates their time and/or talents as able. We’re a friendly bunch so jump on in, the waters fine...

Hope to see you at our upcoming NPALI monthly dinner meetings, look forward to seeing you at the NPA conference in Niagara Falls in September, and wish everyone a safe and enjoyable summer season..

A moment to reflect...
The NPALI 2016 Annual Conference

The NPALI 2016: Critical Issues and Clinical Updates for Nurse Practitioners Annual Conference was an overwhelming success! The conference was held on April 8, 2016 at the Crest Hollow Country Club in Woodbury. It was well attended by 400 nurse practitioner members, as well as students representing our regional NP programs from, LIU, Stony Brook, Molloy College, Adelphi and Pace Universities. Our speakers included Dr. Margaret Fitzgerald, Wendy Wright, Dr. Susie Adams and Marie Frazzitta. This year 15 of our NPALI members participated with research poster presentations. The attendees also enjoyed interacting with the 40 vendor exhibitors that participated at the conference.

“Save the Date” for the next annual conference to be held on Friday April 7, 2017. Special acknowledgement and thanks to our NPALI Board of Directors for their dedication and commitment to service the needs of our members

Respectfully Submitted,

Sharon Hasfal, Co-Chairperson

NPALI Annual Conference Committee
A moment to reflect...
The NPALI 2016 Annual Conference

The Members...
The Posters...
The Speakers...
The Students...
The Sponsors...
The Team...
Greetings fellow members! I am happy to report that The NPA NYS has been very active, working on many initiatives that seek to improve benefits to its over 3600 members. As you may know, membership has its privileges and being an NPA member is no exception. All members are entitled to a 15% discount on Fitzgerald Health Education Associates products including certification review courses, certification study materials as well as other continuing education resources. Members also can take advantage of a 20% discount on all Springer Publishing materials. A brand new benefit has just been introduced this year: The NPA has partnered with Columbia University School of Nursing to offer $20 off of a full selection of courses and online/webinar offerings. A comprehensive list of their continuing education opportunities can be found at: http://nursing.columbia.edu/academics/continuing-nursing-education-cne.

The NPA just finished a successful Capitol Day in Albany, NY on April 12. More than 85 nurse practitioners and nurse practitioner students participated in the event. They all had the opportunity to meet with their legislators and senior staff to discuss our legislative priorities and have our voices heard as advocates for our patients and our profession. We thank everyone who attended this event for your dedication and enthusiasm!

There are some recent past and upcoming events sponsored by The NPA. On May 21, 2016, the Annual One-Day Conference will be held at Columbia University. This event featured Wendy Wright, MS, ARNP, ANP, FNP-C, FAANP, FAAN, a well-known national nurse practitioner speaker who will present on four different clinical topics. This conference awarded six (6) ANCC contact hours and six (6) Pharmacology contact hours. Also, do not forget to mark your calendars for The NPA’s Annual Conference, which will be held in Niagara Falls, NY starting September 28th through October 2nd, 2016. The conference brochure should be available online by the end of the spring. Last year’s conference at this venue was a resounding success and we hope to see you all there again this fall.

Do not forget, the Great New York State Fair is coming upon us! The fair opens up on August 25th through September 5th, 2016 and, as in past years, The NPA will have a booth to represent our organization throughout the length of the event. As always, we need volunteers to man the booth for 4-hour shifts during the Fair (of course, you can volunteer for more than one shift!). The venue is an amazing place to bring your family for the day or a few days as it has something for everybody. The food, live entertainment, the exhibits, the rides and of course, the livestock, make this event lively and incredibly entertaining. All volunteers will receive free parking and a free entry pass into the Fair. Watch your emails for the “Call for Volunteers”.

I am proud to serve you on the Board of Directors for The NPA. The NPALI is the most vibrant chapter/region in New York State and there is much to be proud of. I thank you all for your support throughout the years.

Respectfully Submitted, Jeannie Martin, Regional Director, Region 7
Student Scholarships

In support of the New York State Nurse Practitioner Association’s mission statement, “to encourage high standards of Nurse Practitioner educational preparation and practice”, the Long Island Chapter established Student Nurse Practitioner and Doctor of Nursing Practice Scholarships to aide members who are pursuing advanced degrees.

Biannually members are invited to submit applications for one of two $1500 SNP scholarships, or one $2500 DNP scholarship. Criteria for application is fairly simple and can be found on our website under the Education tab. Application due dates are posted on the website, via blast email, and letters are emailed to our members.

The Spring 2016 deadline was March 5th. The Scholarship Committee is currently meeting to review the applications. All applicants are notified via email as to the status of their application, and winners are announced on our website and at a dinner meeting. Any applicants who do not win, may reapply for the Fall 2016 scholarship. Watch for the Fall 2016 deadline date to be posted in September.

I would like to personally take this opportunity to thank the Scholarship Committee members: Marybeth Koslop-Petraco, Jessy Augustine, Lois Llagerman, Carol Biggins, and Maureen Hogan for their hard work and dedication. Lois is now retired and moved to California to be with her family. We wish her well.

I would also like to welcome our newest members, Carol Biggins and Maureen Hogan. They are a wonderful addition to the committee.

If any members have questions in regard to the application process, or are interested in becoming a committee member, please feel free to contact me at horvatf@msn.com.

Respectfully submitted,

Lisa S. Horvath, Chairperson

Donating to the Political Action Committee

Why should I donate to the Political Action Committee (PAC)?

• These are the funds that are used to send TheNPA representatives to the functions of various legislators.
• Those functions are a great way to get face time with the legislators to educate them on issues that are important to NPs.

But I just donated this time last year...

• If you have not donated since September 2015, those funds have already been utilized. Please consider making another donation.

How do I make a donation?

• You can go to the NPA website, or click here to be taken to the PAC page!
• TheNPA PAC goal for 2015-16 is $40,000 for the entire NPA New York State
NPALI Gives Back...

The community service committee has had another busy year with different collections and activities.

- In November, we kick off the holiday season with our annual collection of nonperishable food and a check for $150.00 to LI Cares.
- In December our members always have fun buying Toys for the Marine Corp Toys for Tots.
- In January and February we once again collected needed items for our soldiers. With the 50/50 money and member donations, we are able to purchase more supplies. All of these items were given to the Blue star mothers. They are very appreciative.
- In March we were able to give a check for $236.00 to Novlet Davis for her medical mission. Again, we were able to donate nonperishable food and a check for $150.00 to LI Cares.
- In May, we always think of our Mothers and wanted to help those in need. We collected supplies and a check for $137.00 was given to the Suffolk County Coalition against Domestic Violence.
- In June we have collected school supplies. Our members have been generous and enjoy helping out the children of Long Island.
- After enjoying our summer break, we did the Breast Cancer Walk at Jones Beach in October of 2015 donating more than $500.00 to Making Strides against Breast Cancer. **Thank you to those who walked and donated!** We hope more members can join us next year.

We always welcome anyone interested in joining our committee. If you are interested in joining us, please contact Debbie at 631-205-5161 or Liz at 516-353-8206.

Respectfully submitted,

*Debbie Deierlein & Elizabeth Kollar, Community Service Chairs*

900+ Members and Growing!

Our membership has been growing steadily! It is important to recognize that although our retired, student, and transitioning student member numbers have remained steady, most of the gains were made in our regular (full) members. We are 953 members strong and we still have room to grow! **Know that the NPA is running a membership drive awarding “65 bucks” to anyone who brings in a new member!** These “bucks” may be applied to future membership fees or towards the annual statewide conference in which runs from September 28-October 2 in Niagara Falls. New members are eligible for these “bucks” as well! **SPREAD THE WORD AND JOIN TODAY!!!**

Our chapter is currently running two pledge drives. The first 20 individuals to bring in a new member from June 2016 through August 2016 will receive a $25 visa gift card. Then from September through November anyone who brings in a new member will be entered into a drawing to win an Ipad-mini. **Be sure to encourage your colleagues to JOIN THE NPA.**

Get involved! The membership committee is always looking for members. If you are interested in joining us, please feel free to contact me at id.santan@gmail.com.

Respectfully submitted,

*Diane Santangelo, Membership Chair*
NPALI Call for Nominations 2016:
Executive Officers

In accordance with the By-Laws, a call for nominations is being issued for elections in 2016 for executive officers. All members have the right and privilege of submitting their names or the name of a consenting colleague as nominees for board positions to be filled this year.

Mentoring is readily available.

Requirements:
- Active Membership with the Nurse Practitioner Association of Long Island (NPALI) and New York State Nurse Practitioner Association (the NPA)
- Brief statement from nominee supporting their nomination
- Resume/CV

Available positions for 2016 are:

President – Elect
3 year total commitment: President-Elect, President, Immediate Past President
The President Elect shall:
- Assume the office of the president at the completion of the President’s Term of Office.
- Perform Duties as assigned by the President.
- Attend various committee and board meetings

Secretary
Two year Term
The secretary shall:
- Attend board meetings
- Keep the full and correct account of all board meetings
- Distribute board meeting minutes to board members

Deadline for Submission: October 14, 2016

Please submit the nominee's name, home, cellular, and/or work phone number.
Please send in your nominations to:
    Nominations Committee
c/o Susan Aiello
9 Brookfield lane
South Setauket, N Y 11720
Program Committee Report

Over the few months, we presented several interesting CE and Networking Programs. To highlight...

- **January**’s dinner meeting was held at Morton’s Steakhouse for the topic, “**Essentials for Optimal Care of HIV Patients: Evidence-Based Approaches.**” Speaker Joseph McGowan, MD, Medical Director, Center for AIDS Research & Treatment at Northwell Health Systems in Manhasset gave an excellent and engaging presentation. Members in attendance earned one (1) ANCC contact hour for this presentation. PAC donations were collected in lieu of a registration fee. *Your generosity was greatly appreciated!*

- **February**’s dinner meeting was sponsored by Zwanger-Pesiri Radiology at Season’s 52 Restaurant. The program, “**Cardiopulmonary Anatomy Review and the Chest X-Ray**” was at capacity is the matter of a two weeks and was an overwhelming success. Dr Robin Scarlata provide us with an excellent introduction to CXR Interpretation and members in attendance earned one (1) ANCC contact hour.

- **March**’s dinner meeting at Piccolo Bussola, Restaurant in Mineola was also at capacity. Speaker and NPALI member: Deborah McElligott DNP, MA, BSN gave an enlightening talk on “**The Art & Science of Nurse Coaching: Implications for Nurse Practitioners.**” Members loved the presentation and all earned one (1) ANCC contact hour.

- **May**’s dinner meeting at Insignia Restaurant in Smithtown was a sure sellout as well! Members networked before and after the presentation provided titled “**Update on Gout: What the Nurse Practitioners Needs to Know.**”

- **June**’s dinner meeting is also a networking meeting. It will be held on June 9th at Jewel Restaurant in Melville. The topic, “**Diagnosis and Assessment of Interstitial Lung Disease: Comprehensive Care for Patients with IPF**” will be presented by Sophy Dedopoulos, ANP-C. The Community Service Committee will be collecting school supplies.

**MORE SEATS HAVE BEEN ADDED SO SIGN UP TODAY!**

Register today online at [www.npali.org](http://www.npali.org)

**We are in need of some volunteers to help to plan and run dinner meetings in Suffolk County.**

If you wish to help ensure that we are able to have quality programs convenient to our many East End nurse practitioners please contact Debra Chalmers @ debra.chalmers24@gmail.com

No meetings are scheduled for July or August. Happy summer!

Respectfully submitted,

*Debra Chalmers, Programs Committee Chair*
An Update on Legislative Issues: 
Issues affecting YOUR practice

The annual New York State budget was voted on and approved on 4/1/16. The Legislators had been focused only on the budget until it was passed. The legislature is expected to focus on other bills now that the budget has been completed.

The NPA legislative agenda is listed below:

- **S.6314 (Hannon):** Authorizes nurse practitioners to execute orders not to resuscitate and orders relating to life sustaining treatments. For more information, [Click Here](#)

- **S.5572 (Valesky):** Relates to diagnosis, care and treatment of injured employees by certified nurse practitioners. This bill authorizes the diagnosis, care and treatment of injured employees by certified nurse practitioners under the workers' compensation program. The inclusion of certified nurse practitioners to conduct healthcare services consistent with their scope and training will afford injured workers greater access to care and more provider options across New York State. For more information, [Click Here](#)

- **A.9510 (Gottfried)/ S. 6998(Savino):** Relates to defining additional practitioners authorized to prescribe medical marihuana. For more information, [Click Here](#)

Several NPALI members attended Capitol Day in Albany on 4/12/16 where we visited Long Island legislators. We were able to discuss health policy issues that can be enacted in New York State, Federal issues such as NPs ordering home health care services, and the use of buprenorphine to be addressed at the Congressional level.

The NPALI members requested support from the legislators for the legislative agenda. Once the push comes to move the bills toward the end of the legislative session NPALI members may be asked to contact their legislators to request their support so stay tuned.

*Remember these bills only get passed and signed into law when each and every member makes it a personal responsibility to do whatever they can to get the bill passed.*

Respectfully submitted,

*Mary Koslap-Petraco, Legislative Affairs*

Don’t Forget to donate to the PAC! [Click here to donate today!](#)
The NPALI

The Nurse Practitioner Association of Long Island (NPALI) is a chapter of the Nurse Practitioner Association New York State.

NPALI was formed in 1980 and works in concert with the state association for the purpose of uniting, representing, and advocating for the profession.

Don’t forget about the 32nd Annual Conference in Niagara Falls!