

# The Advocate

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2010 Online Edition 3 ELEANOR HOBBS, PH.D., ANP, *Editor*

## MESSAGE FROM THE PRESIDENT



The New Year has begun, and I am honored to be the new President of the Nurse Practitioner Association of Long Island, a Chapter of The NPA. I would like to thank Rose Cassidy, NP, our Past-President, for all of her hard work last year. Rose did an outstanding job as President and the organization had a great year. I hope to be able to follow her example.

Our Public Relations Committee under the direction of Peggy O'Donnell, NP has been very busy and we have had numerous opportunities to highlight our chapter and many of our members. Please contact Peggy and let her know where you work and what you do, as we are always eager to publicize the good work that our members are doing.

If you are an NP student or enrolled in a DNP program, I urge you to apply for a scholarship. The deadline for both the DNP and SNP scholarship applications is March 18, 2011. Guidelines for both are on the NPALI website. Thank you to Rose Cassidy and the Scholarship Committee for all of their hard work.

We welcome Patricia Sullivan, NP, as our President- Elect, and I look forward to working with her. Jeanne Martin, NP, will stay on for another 2-year term as Secretary; thank you Jeanne for your continued hard work and dedication to our chapter and The NPA NY State. Jeanne is our Regional Director and sits on The NPA Board of Directors.

So far, 2011 has been filled with a record amount of snow, causing cancellations, and postponements of many activities. We had to reschedule to May our January Dinner Meeting.

Our Annual NPALI Conference, "Critical Issues and Clinical Updates for Nurse Practitioners", is scheduled for April 8, 2011, and once again promises to be a great day. This year we have two (2) renowned speakers, Wendy Wright MS, ARNP, FNP, FAANP, and Margaret Fitzgerald DNP, FNP-BC, NP-C, FAANP, CSP. This program has sold out. Debra Chalmers our Program Chair always does a superb job with the annual conference and all of our Dinner Meetings.



**NO ONSITE REGISTRATION**  
**Conference is at capacity**  
**Practice Issues 2011**  
**April 8, 2011**

Our chapter is the largest in the state, yet many of our colleagues are not members of the NPALI. Although it may sound cliché, there is strength in numbers! In the current climate with health care reform and the removal of

mandatory collaboration on the horizon, we need to continue to increase our membership. Encourage your fellow NPs and NP students to join The NPA.

I am hoping for an end to the snow and warmer brighter days ahead. I wish you all the best and look forward to seeing you at our Dinner Meetings and on April 8, 2011, at the Annual Conference.

*Diane Bartscherer*

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**VISIT US ON THE WEB AT**  
**[www.npali.org](http://www.npali.org)**

## PROGRAM COMMITTEE

“Practice Issues 2011: Critical Issues & Clinical Updates for Nurse Practitioners,” to be held on Friday, April 08, 2011 at the Crest Hollow Country Club in Woodbury is AT CAPACITY. There is no onsite registration. I have personally confirmed everyone who registered, so if you think you are registered and you have not heard from me, please contact me immediately at [debrachalmers@nyc.rr.com](mailto:debrachalmers@nyc.rr.com). The conference handouts will be available on the web site for you to download prior to coming to the conference. We will not be giving paper handouts out on the day of the event. I will send out specific instructions via email prior to April 8th.

Please plan to stay after the conference for the complimentary wine & cheese networking reception, which is open to members and nonmembers alike.

This year we are hoping to attract exhibitors of all disciplines to participate in our conference expo. Do you have a favorite home nursing agency, home oxygen supplier, home lab company, or surgical supplier? Please invite the pharmaceutical reps and companies that you do business with to exhibit at our conference this year.

Are you a nurse practitioner in your own private practice, or do you work for a practice that would like to exhibit at this event? This is a chance to highlight your practice and increase your referrals. NPALI members who exhibit will enjoy a specially discounted NPALI member exhibitor fee of only \$250, so think about promoting your own practice!

Do not forget to bring your business cards to exchange at this event. If you are a student, you are still a future prescriber, so you can still cultivate contacts.

In addition, the NPALI web site is where you can find upcoming dates for the monthly dinner programs and information about the programs. By now, everyone knows that we are no longer mailing invitations to the monthly meetings in the mail, so check the NPALI web site for information regarding upcoming meetings. Mary Beth Koslap-Petraco at the Cooperage Inn in Baiting Hollow will present “Pertussis in Adults” on March 16, 2011. A snowstorm caused the cancellation of our January meeting “Managing Diabetes One Step at a Time”, and we have rescheduled that program for May 5, 2010. We take July and

August off, but look this summer for the date for the September meeting and topic posting, as well. Thanks to all of you who generously contributed to the PAC fund at the February dinner.

Dinner meetings are for NPALI members only. As you have all probably noted, they often fill up long before the close of registration. So, please, sign up early, and let me know if you need to cancel; by doing that, I can pull from the waiting list.

Please make sure that we have your current email address, mailing address, phone number, and work site. The membership roster is updated almost daily, so please notify Amy Shudt of any changes in your contact information. Amy’s email address is [AShudt@thenpa.org](mailto:AShudt@thenpa.org).

*Debra A. Chalmers, MA, ANP-BC*

## COMMUNITY SERVICE

We hope everyone is enjoying a happy, healthy New Year. The Community Service Committee has been busy! In December, our NPALI members were extremely generous donating to Toys for Tots. We also collected an additional \$104.00 from the 50/50 collection, and we donated \$100.00 to the Salvation Army. Thanks to all of you who donated.

Our plan was to collect for our Soldiers in January and February, but the weather had a different plan as you all know; therefore, we will be collecting in February and March instead. Please see our website for needed items.

We will continue to let you know about our planned activities with the monthly meeting announcement. Please remember to check it out. We greatly appreciate everyone’s generosity and look forward to seeing you at the next meeting. Anyone interested in joining us please call Linda at 631-744-0813 or Debbie at 631-205-5161.

*Linda Aumock & Deborah Deierlein*

## MEMBERSHIP

Our organization currently has over 700 members. Stay tuned for membership initiatives as our organization continues to grow.

*Peg O’Connell*

## LEGISLATIVE ISSUES COMMITTEE

The November election results are certified and the Republicans have gained a 2-vote majority in the NYS Senate, while the Assembly remains in the hands of the Democrats. We have friends on both sides of the aisle, we will be starting all over again to educate new members as well old ones about our bills. Since this is the end of the two-year legislative cycle, all of our bills must be reintroduced with new numbers. We have a new Governor who may be more sympathetic to our legislative issues. Additionally, the Nurse Midwives got their bill to remove statutory collaboration signed into law during the last legislative session. That passage may provide momentum for the removal of statutory collaboration for NPs this year.

Many Republicans were elected during this election and they have vowed to repeal the new federally mandated health care legislation or starve it to death by not funding it. Nurse Practitioners stand to be an integral part of the new health care legislation. It remains to be seen how this election will affect our practice.

The NPA has streamlined our legislative agenda. Listed below are our bills, which do not currently have numbers. We must work to get sponsors for these bills in both the Senate and the Assembly. Either a Republican or Democratic sponsor will be sought for the bills depending on whether the bill is to be introduced in the Senate or the Assembly. Primary sponsors of bills must be from the party that controls the chamber in which the bill is introduced. The Mental Health bill is self-explanatory. The Global Signature Bill has been introduced to eliminate the need to pass legislation to change each law that states "physician" every time a discrepancy is noted, but the function is clearly within the scope of practice of NPs. Most of this legislation was related to the Global Signature Bill which was passed before the profession of Nurse Practitioner was legislated into existence.

The NPA has hired a new Lobby firm. The new firm has advised streamlining and consolidating the legislative agenda. The NPA web site now identifies four (4) bills listed below. None of the bills on the web site has numbers. Once the

bills are numbered, members will be informed in future communications.

Now, a word about The NPA PAC. Getting bills passed takes money. By law, the money we pay for our dues cannot be used for this purpose. Every year we are asked to contribute to the PAC, short for Political Action Committee. The NPA has raised almost \$32,000 of the \$50,000 goal for the 2009/10 cycle. We are more than half way there. The NPA has stated that if each member contributed \$10 we would meet our goal. I am personally asking each member to send \$25. I think most of us can afford that amount and we need to put our money where our mouths are. We just cannot move our legislation without this money. It pays to send The NPA representatives to various functions for the legislators where we have the opportunity to influence legislators thereby gaining their support. If you have not sent a check since September 2010, it is time to send another check. Please make sure the check is written to "The NPA PAC." Please mail it to The NPA at 12 Corporate Drive, Clifton Park, NY 12065. Thank you for your generous support.

The bills are listed below; I will continue to include all of the bills and their numbers as we become aware of them in each Legislative Report.

- \* [NP Modernization Act](#) - Removal of Statutory Collaboration & Reimbursement
- \* [End of Life Legislation](#) - Death Certificate Bill authorizing NPs to sign death certificates.
- \* [Family Health Care Decision Act Amendments](#) – authorizing NPs to participate in end of life decisions under an existing act including DNR
- \* [Global Signature Bill](#) –To amend the education law, in relation to authorizing Nurse Practitioners to perform functions in conjunction with diagnosing an illness consistent with the scope of NP practice.
- \* [Mental Health Bill](#) - Authorizes Nurse Practitioners to admit a patient to an inpatient mental health unit on a voluntary or involuntary basis.

*Mary Beth Koslap-Petraco*

# PUBLIC RELATIONS UPDATE: NURSE PRACTITIONERS IN THE NEWS

**2011 has started out with a bang!!!**

We have made tremendous strides towards our mission of increasing public awareness of our wonderful profession.

“Public Relations is the practice of managing communication between an organization and its publics”

Just look at what we have accomplished in a few short months!!

## Highlights:

1. Mary Beth Koslap-Petraco, our Legislative Chair
  - a. Quoted as an expert and “go to” person about continued vaccination efforts in both the Daily News and Newsday. I do not have the Newsday link; however, here is the Daily News link: [http://www.nydailynews.com/lifestyle/health/2011/01/06/2011-01-06\\_autism\\_and\\_vaccine\\_link\\_discredited\\_what\\_parents\\_should\\_know\\_now\\_about\\_vaccination.html](http://www.nydailynews.com/lifestyle/health/2011/01/06/2011-01-06_autism_and_vaccine_link_discredited_what_parents_should_know_now_about_vaccination.html).
  - b. Mary Beth received the ANA award for her wonderful CE accredited education video on addressing resistance to immunizations. Also, the Nassau County Medical Society has been passing the link amongst themselves.
  - c. Mary Beth and the NPALI, served as quotable sources in <http://outside.in/oceanside-ny#882335324>, <http://www.mainstreet.com/article/family/family-health/back-school-vaccination-checklist>, <http://hospitalnewspaper.com/webpages/news/DisplayNews.aspx?PT=state&state=NY&ID=9e4ee3b5-e4f9-42f2-b4d9-77d23575f255>
  - d. Additionally, Mary Beth’s comments were found on the News 12 Long Island website, blogspot.com, mydailynews.com, and daily-newsblues.com
  - e. Podcast for Bestnursingdegrees.com
  - f. Interview with nursing spectrum about legislative updates!!
  - g. Newsday’s “Long Islander of the week”

2. Donna Hallas, NP of The Year, noted in Newsday’s Winner Circle
3. Diane Bartscherer (our current President), Podcast for “nursesrock” which can be found on [www.upwithnurses.net](http://www.upwithnurses.net)
4. Linda and Debbie, Co-Chairs of the NPALI Community Service Committee. There was a full page spread in Hospital Newspaper about the NPALI “Walk for Beauty” which can be found at <http://my.newyork.cbslocal.com/new-york-metro/tags/Nurse%20Practitioners%20Association%20of%20Long%20Island>
5. Peg, Chair of Public Relations
  - a. continues to sit on the Nassau County Medical Society’s Preventative Medicine Committee. Stay tuned for some NPALI/NCMS community health initiatives.
  - b. the NPALI and the wheelchair basketball team article was found in the [antonnews.com/hicksvilleillustratednews/sports](http://antonnews.com/hicksvilleillustratednews/sports) The Wheelchair basketball children were interviewed on Fios 1, with the NPALI banner as a backdrop
6. General quotes:
  - a. The NPALI was quoted in the [abc-of-fitness.com/news/201009/national-womens-health](http://abc-of-fitness.com/news/201009/national-womens-health)
  - b. The NPALI was quoted in the [disabled-world.com/news/events/2010/womens-fitness-day](http://disabled-world.com/news/events/2010/womens-fitness-day)

++We are always looking for NPs for interviews+  
++We are always looking to promote individual and organizational accomplishments  
++We are always looking for new and improved ways of getting the word out about the wonders of our profession.

## Never hesitate to contact:

*Peg O'Donnell, Chair of Public Relations*  
*Pegsfullmoon@aol.com*  
*Damian Becker, PR consultant* [djb92465@msn.com](mailto:djb92465@msn.com),

## SCHOLARSHIP COMMITTEE

The application date for both the DNP and SNP Scholarships for this semester is March 18, 2011.

All the information to apply is on the NPALI website. The only significant change has been to add Student Nurse Practitioners (SNP's) who are doing distance learning, along with SNPs in conventional MS programs as also being able to apply.

It may look overwhelming at first but the application process is quite easy. Most of the

required information you already have at your fingertips. Student Nurse Practitioners may be awarded \$1500 and student Doctoral Nurse Practitioners may be awarded \$2500. The only outlay that you may have is to pay for an Official Transcript, which is a requirement.

I look at this like playing Lotto or buying a chance. Not bad odds BUT you have to be in it to win it!

Best of Luck to all who apply!

*Sincerely,  
Rose Cassidy*

# 2011 NPALI CELEBRATES OUR 25TH YEAR!

## CALL FOR NOMINATIONS NPALI NURSE PRACTITIONER OF THE YEAR

### **Criteria for Nominees:**

- Active membership in NPANYS
- Current Licensure to practice as an NP in NYS
- Demonstrated excellence in NP practice
- Commitment to the advancement of the Nurse Practitioner

To nominate a colleague please send a letter of support by May 1, 2011 to:

NPALI Awards Committee  
373 Nesconset Highway #210  
Hauppauge, NY 11788

The 2011 NPALI Nurse Practitioner of the Year  
will be honored at our  
25th Anniversary Celebration and Awards Dinner  
in October 2011

## REGIONAL DIRECTOR'S REPORT

Welcome to 2011, fellow NPA members! The NPA of NYS is already off to an ambitious beginning. For starters, The NPA has hired a new lobbying team from the firm Greenberg Traurig, LLC, and our legislative agenda for 2011 has been formed. Instead of having ten different bill proposals, the agenda was pared-down to four bills making it more focused and succinct.

Our marquee piece of legislation, the Nurse Practitioner Modernization Act, formerly known as the Patient Access & Advocacy Act, received a bill number for both the Senate and the Assembly (S.3289/A.5308). Our other three bills are awaiting sponsors and numbers, these bills are (1) the Mental Health Bill, (2) the End of Life Legislation Bill, and (3) the Global Signature Bill. Details of these bills are outlined in the Legislative Affairs section of the Advocate by Mary Beth Koslap-Petraco, Chair of our Legislative Affairs Committee.

In the not too distant future, you will most likely be contacted by a member of the Legislative Affairs Committee to ascertain your interest and availability in making a lobby visit to your local legislator in their home office. When contacted, please consider making a lobby visit to your respective legislator. You are not expected to go alone; you will be paired with a more experienced member to make the visit with you. We have some very influential Senators and Assembly people on Long Island; but there is nothing more powerful than a constituent calling upon his or her legislator in their hometown to discuss issues that are of concern to them. The current majority in the Senate, which is Republican, is only by a few votes and these lawmakers do not want to alienate anyone in their respective districts.

In other news, the NP Economic Stimulus Package that included a temporary dues reduction starting back in early 2009 is now permanent. The cost of a one-year full membership is \$180 (as opposed to \$200) and a two membership enjoys an even steeper discount of \$320, a savings of \$80. Also of note, is the new Student Transition Rate that is \$90 for one year and \$160 for two years. This rate will apply to those students who are graduating and do not let their memberships lapse. Please refer to The NPA website ([thenpa.org](http://thenpa.org)) for more details. Also available on the website is the Student Transition Guide, a 75 page comprehensive document that can be downloaded for reference and is full of invaluable information for all new NP graduates.

Also noteworthy, is the new partnership that has formed between The NPA and Fitzgerald Health Education Associates allowing NPA members to purchase educational materials and conference attendance reservations at a 15% discount if purchased via The NPA website. Details are developing as we speak and should be available on the website shortly.

As always, I thank you for your continued support of this organization and ask you to encourage those who are not members to join. Now more than ever, we need all the momentum we can muster and the adage "there's strength in numbers" is so true. Please feel free to contact me if you ever have any questions. I can be reached at [jeannemmartin@gmail.com](mailto:jeannemmartin@gmail.com).

*Jeanne Martin, ANP, Regional Director/Region #7, NPA NYS*

# Statement of Cash Receipts and Disbursements Nurse Practitioner Association of Long Island, Inc. December 31, 2010

*Prepared by Patricia O'Hara - Treasurer*

	A/C No.	Amount	Total
Cash 12 month certificate	129253	57,474	
Cash 3 month certificate	129251	22,091	
Cash 6 month certificate	129252	22,521	
Cash Checking	275103S2	2,617	
Cash Savings	275103S1	1,509	
Cash Money Market	275103S3	68,113	
<b>Total Cash - Beginning</b>			<b>174,325</b>
Add: Receipts			
Membership Dues/ Membership Committee		11,863	
Chapter Meetings/ Program Services		9,655	
Annual Conference Attendee's and Vendors		72,256	
Advertisement		1,450	
Awards Dinner		1,430	
Community Relations Committee Raffles		1,218	
Interest Income		2,348	
<b>Total Receipts</b>			<b>100,220</b>
Less: Disbursements:			
Teaching Day ( Annual Conference)		41,317	
Monthly Programs		11,283	
Newsletters		5,411	
Other:			
Administration		8,104	
Board of Directors Meetings		2,912	
Awards Committee		5,841	
Community Service Committee		1,632	
Legislative Committee		3,600	
Informatics Committee		143	
Membership Committee		1,131	
Public Relations Committee		3,771	
NYS NPA Donation		20,000	
Scholarship committee ( awards)		7,000	
<b>Total Disbursements:</b>			<b>112,145</b>
Cash Checking	275103S2	3,722	
Cash Savings	275103S1	1	
Cash Money Market	275103S3	158,677	
<b>Total Cash - Ending</b>			<b>162,400</b>

Nurse Practitioner Association of Long Island  
373 Nesconset Highway, Suite #210  
Hauppauge, NY 11788  
www.npali.org

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## 2011 Board of Directors

<b>President</b>	<b>Diane Bartscherer</b>
<b>Past-President</b>	<b>Rose Cassidy</b>
<b>President-Elect</b>	<b>Patricia Sullivan</b>
<b>Treasurer</b>	<b>Patricia O'Hara</b>
<b>Secretary</b>	<b>Jeanne Martin</b>
<b>Advocate</b>	<b>Eleanor Hobbs</b>
<b>Awards</b>	<b>Anne Klassert</b>
<b>Community Service</b>	<b>Linda Aumock</b>
	<b>Deborah Deierlein</b>
<b>Finance Committee</b>	<b>Bruce Zitkus</b>
<b>Informatics/Website</b>	<b>Susan Smith</b>
	<b>Carol D'Abbraccio</b>
<b>Legislative Affairs</b>	<b>Mary Beth Koslap-Petraco</b>
<b>Membership</b>	<b>Rose Cassidy</b>
<b>Nominations</b>	<b>Susan Aiello</b>
<b>Programs Committee</b>	<b>Debra Chalmers</b>
<b>Public Relations</b>	<b>Margaret O'Donnell</b>
<b>Research</b>	<b>Bruce Zitkus</b>
<b>Scholarship Committee</b>	<b>Rose Cassidy</b>
<b>Regional Director</b>	<b>Jeanne Martin</b>

## PAYPAL ON THE NPALI WEBSITE

As a convenience for our members, you are now able to pay for our monthly dinner meetings using a credit or debit card. You simply go to the website [www.npali.org](http://www.npali.org), click on the event that you want to attend, enter the registration information and then click submit. You will then be directed to the Paypal website which is a secure site where you enter your payment information. If you do not get a confirmation from Paypal then you have not entered the appropriate information and you are not confirmed as paid or attending. A reminder: if you are using a credit card with a different name on it, or paying for another member, you must let us know so we know who is attending.

If you have any questions, please contact Carol @ [carolfnp@gmail.com](mailto:carolfnp@gmail.com).