
February 3rd – What You Need to Know: Child Passenger Safety

Phyllis Agran, MD, MPH
Professor Emeritus, UCI
President CA4, AAP

Erin Malone, MPH
Injury Prevention Coordinator, CHOC

- Objectives:** At the conclusion of this presentation, participants will be able to:
1. Using the "Right Seat Chart", recommend to parents the Right Seat and position by size of child.
 2. Explain why California Law is not best practice
 3. Use and explain to parents the AAP's guidelines for children with special health care needs, specifically the: Preterm infant; Obese; Autism and Challenging Behaviors, Medical Conditions (e.g., Hydrocephalus, Down Syndrome, Hypotonia, Spica Casts)
 4. Provide parents with referral/consultation information

February 10th – Improving Bedside Manner While Managing Your Time

Viki Kind, MA in Bioethics
Clinical Bioethicist Consultant

- Objectives:** At the conclusion of this presentation, participants will be able to:
1. Define what patients consider to be good bedside manner.
 2. Use effective communication techniques while managing your time.
 3. Demonstrate effective listening techniques to increase patient satisfaction.
 4. Practice improved communication skills that will address patients' cultural needs.

February 17th – Food Allergies

Christina D. Schwindt, MD
Assistant Clinical Professor of Pediatrics
Allergy & Immunology Division, UCI

- Objectives:** At the conclusion of this presentation, participants will be able to:
1. Classify adverse food reactions into one of two categories: immune-mediated or non immune-mediated.
 2. Based on classification, assess symptoms and apply appropriate treatment.

February 24th – To Sleep or Not to Sleep? Sleep Deprivation in Residents

James D. Korb, MD
Director, Academic Affairs

- Objectives:** At the conclusion of this presentation, participants will be able to:
1. Discuss sleep deprivation in physicians.

Wednesdays 8:00 - 9:00 a.m.

Harold Wade Education Center, 2nd Floor CHOC West Clinic Bldg., 455 S. Main Street, Orange, California, 92868

These activities are in compliance with **California Assembly Bill 1195** which requires continuing medical education activities with patient care components to include teaching in the areas of cultural and linguistic competency.

Target Audience: Primary care pediatricians. Family practitioners, pediatric subspecialists, pediatric residents and other healthcare professionals involved in the delivery of care to infants and children are also invited.



Accreditation: CHOC is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. CHOC takes responsibility for the content, quality and scientific integrity of this CME activity. CHOC designates this educational activity for a maximum of 1.0 hour of **AMA PRA Category 1 Credit™**. Physicians should claim credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education.

Financial Disclosure – No Commercial Support was received for these activities.

For further information, please call the Academic Affairs Office at (714) 532-8894 or (714) 532-8430.

To be included on a monthly email of CHOC Children's CME Activities, please email your request to mhickcox@choc.org. An updated list of upcoming CME Activities is also available at www.choc.org.